National Institute of Technical Teachers' Training and Research, Bhopal

Guj 09

EMOTIONAL INTELLIGENCE IN TEACHING AND LEARNING

Duration: From 26th May-30 May 2023

Venue: NITTTR Ext. Centre Ahmedabad (GUJ)

1 RATIONALE

The higher education institutions will undergo a major paradigm change in the next 20 years to implement the provisions of the National Education Policy 2020. The academic leaders at different levels at the governance level, head of the institutions, deans, head of the department, educational programmes heads and team leaders will play a significant role in implementing innovations, reforms, and a major change in the institute to achieve quality, accreditation and excellence in education. It is time to evaluate that an organization filled with highly skilled ans motivated people still facing low employee engagement, and teams that are not hitting their targets. Mounting pressure and rapid organizational change in the workplace make it even more challenging for teams to collaborate. Without developing the foundational skills of Emotional Intelligence, even your most talented employees will not reach their full potential. It's a scientific fact that emotions precede thought. When emotions run high, they change the way our brains function, diminishing our cognitive abilities, decision-making powers, and even interpersonal skills. In this programme we aim to translate the science behind managing emotions, and, teach people the skills to become their best selves and do their best work. It is a versatile approach which is implemented for achieving a variety of goals and develop your academic competence, commitment and confidence to overcome academic, and research-related situations effectively, efficiently and productively.

2 OUTCOMES

The participants of the training programme will be able to:

- 1. Identify the teachers' roles as per NEP2020
- 2. Apply the concepts of emotional intelligence
- 3. Communicate effectively for work-life balance
- 4. Manage Teams
- 5. Manage conflicts. Design strategies to implement performance appraisal

3 PROGRAMME CONTENTS

- Salient features of NEP 2020
- Emotional Intelligence
- Communication
- Team Management
- Conflict Management
- Stress Management
- Personality Development
- Positive Attitude

4 INSTRUCTIONAL STRATEGY

Input cum discussion, exercises, experience sharing, case studies, self-analysis, Presentation, and quiz

5 DATES AND VENUE Date: From 16th Jan. to 20nd Jan. 2022 Venue: NITTTR, Shamla Hills Bhopal

6 TARGET GROUP

Faculty members of engineering colleges (govt and self-financed).

7 FACULTY TEAM

Dr. Roli Pradhan, Assistant Professor, Department of Management Education, NITTTR Bhopal. email: <u>rpradhan@nitttrbpl.ac.in, mob no:9893205011</u>

Dr. R K Dixit, Professor, Department of Management Education, NITTTR Bhopal email: rkdixit@nitttrbpl.ac.in, mob no: 9425163874

8 FEE FOR ATTENDING THE PROGRAMME – As prescribed in NITTTR programme calendar 2022-23 available on NITTTR, Bhopal website

TENTATIVE PROGRAMME SCHEDULE

Day	Session I 10.00 - 11.30	Session II 11.45-1.15	Session III 2.15-3.45	Session IV 4.00- 5.30
Ι	 Registration Inauguration Programme brief Expectations 	Overview of NEP – 2020 wrt Motivated & emotionally sound Teachers	NEP 2020: paradigm shift in higher education wrt teachers.	Task 1: List the roles and responsibilities of teachers. Sample presentation of Task 1
II	Emotional Intelligence	Emotional Intelligence Inventory Task 2	Communication	Communication
III	Team Management	Conflict Management	Stress Management	Activities for managing stress
IV	Personality Development	Personality Development Task 3	Positive Attitude	Developing Positive Attitude Task 4
V	Action Plan Formulation	Action Plan	Presentation of action plan Task 5	Achievement Test Summarization of learning, Valedictory

Assessment Scheme:

Task	Assessment	Marks
1.	Task 1: List the significant changes in the context of technical	10
	education	
2.	Task 2: Analyze the factors affecting performance appraisal	10
3.	Task 3: Design the tools/ format for performance appraisal for	10
	different positions	
4.	Task 4: Introducing performance appraisal in the institute -	10
	Analyze a case study	
5.	Task 6: Develop a model of the performance appraisal for your	10
	institute	
	Achievement Test	50
	100	

Terms and conditions for attending the programme

- 1. Please ensure that you are registered on NITTTR, Bhopal registration portal for this programme
- 2. This programme is open to faculty members of all types of technical institutes
- 3. The registration and programme fee are mentioned in the calendar of training programmes 2023-24
- 4. Please upload the permission letter to attend this training programme from your competent authority. Without which you will not be permitted to attend the programme.
- 5. Please bring your laptop for completing the assignments and tasks and submitting it on Google class
- 6. You are available for the training for all 5 days 10 am to 6 pm. Full-day presence is mandatory and a prerequisite to earning the certificate of achievement.
- 7. The marks of the tasks and achievement tests will be used for certification. The certification policy is mentioned in the calendar of training programmes.
- 8. Please use the same email throughout the programme for all purposes