



**NITTTR
BHOPAL**



NEP-2/2025-2026

Fostering Health and Wellness: Drug and Alcohol-Free Campus

07-07-2025 to 11-07-2025

NITTTR Bhopal

<https://erp.nitttrbpl.ac.in/poc2025/?id=regNEP-2>

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Rationale

Substance abuse among students in technical and higher education institutions is a growing concern, affecting academic performance, mental health, and campus safety. Faculty members play a crucial role in identifying, preventing, and addressing drug and alcohol-related issues. This training programme aims to equip educators with the knowledge, skills, and strategies to promote a drug and alcohol-free campus environment, support at-risk students, and foster a culture of health and wellness.

Programme Outcomes

The trainees will be able to :

Increased awareness among faculty about substance abuse trends and risks.

Enhanced ability to identify and support students struggling with addiction.

Strengthened collaboration between faculty, counsellors, and health professionals.

Development of actionable strategies to foster a drug-free campus.

Creation of a sustainable framework for ongoing health and wellness initiatives.

Programme Content

Understanding Substance Abuse in Educational Settings

Overview of Drug and Alcohol Abuse Among Students

Identifying and Addressing Substance Abuse

Prevention Strategies and Campus Policies

Session 1: Evidence-Based Prevention Programmes

Target Group

Faculty of all disciplines

Coordinator & Co-Faculty

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Expert



e Prashikshan
An Online Training Portal of NITTTR Bhopal
www.eprashikshan.com

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